



- Swimmers must be able to complete 50 yards (two lengths of the pool) of backstroke, 100 yards (4 lengths of the pool) of freestyle, and 25 yards of breaststroke (private swimming lessons are available if unable to complete these requirements.)
- Must have a desire to swim and improve
- Must have a current USA Swimming membership (annual \$60 fee)
- **Participant must have a Legacy Center Membership**
- Must have a tryout with one of the coaches

**BIRTH
CERTIFICATE
REQUIRED FOR
REGISTRATION**